

Join us for the 5210+ Challenge!

What: 5210+ Challenge

Who: Students, school staff, and families

When: The month of February

February is 5210 month! The 5210+ Challenge is a one-month long program to encourage students, school staff, and families to adopt the 5210+ healthy habits:



Keep an eye out for 5210 tips and tricks throughout February to help you master these healthy habits as you work your way through the Challenge! Challenge calendars will sent home next week for you to track your progress. Completed calendars and participant forms must be returned by **Monday, March 2.**

For more information about the 5210+ Challenge, please contact Jill Matlock at jill.matlock@morgan.k12.co.us.

We hope you will join us to take the Challenge!